

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Collard Nicolas HEADCOACH

Coaches: Gueret Aurore

Coaches: Blondeel Nathalie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN			Heat:4, starttime: 09:05
Heat: 4/7 Lane : 5 Athlete: MORIAU THIBAUT			Q-time: 00:58:64
PB (50m pool): 00:57.99 Antwerpen 21/04/2024			PB (25m pool): 00:58.02 SB: 00:59.53 Charleroi 15/02/2026
	5 0 M	1 0 0 M	
PB	no time	00:57.99	
	no time		
			

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN			Heat:5, starttime: 09:06
Heat: 5/7 Lane : 7 Athlete: DEMAJ VALDRIM			Q-time: 00:57:92
PB (50m pool): 00:58.08 Antwerpen 27/04/2025			PB (25m pool): 00:57.17 SB: 00:59.23 Charleroi 15/02/2026
	5 0 M	1 0 0 M	
PB	00:26.81	00:58.08	
	00:26.81	00:31.27	
			

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN			Heat:5, starttime: 09:06
Heat: 5/7 Lane : 8 Athlete: DU BOIS DE VROYLANDE HAROLD			Q-time: 00:58:56
PB (50m pool): no time			PB (25m pool): 00:55.14 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 2: 100M BUTTERFLY WOMEN				Heat:2, starttime: 09:13
Heat: 2/8 Lane : 5 Athlete: VAN DER HEIJDEN MELISSA				Q-time: 01:09:53
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN				Heat:5, starttime: 09:19
Heat: 5/8 Lane : 8 Athlete: XENOU VIRGINIA				Q-time: 01:08:11
PB (50m pool): 01:07.04 Antwerpen 28/07/2024		PB (25m pool): 01:06.77 SB: 01:08.63 Charleroi 15/02/2026		
	5 0 M	1 0 0 M		
PB	no time	01:07.04		
	no time			
				

Coach feedback:

Event number: 3: 200M BACKSTROKE MEN					Heat:5, starttime: 09:40
Heat: 5/5 Lane : 1 Athlete: MACHALE LIAM					Q-time: 02:16:29
PB (50m pool): 02:16.29 Antwerpen 27/07/2025		PB (25m pool): 02:08.70 SB: 02:17.27 Charleroi 15/02/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.46	01:05.38	01:40.40	02:16.29	
	00:31.46	00:33.92	00:35.02	00:35.89	
					

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN								Heat:3, starttime: 09:55
Heat: 3/3 Lane : 8 Athlete: MACHALE JULIA								Q-time: 05:22:08
PB (50m pool): 05:22.08 Antwerpen 27/04/2025		PB (25m pool): 05:27.30 SB: no time						
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.05	01:18.16	01:57.93	02:36.79	03:23.10	04:09.84	04:47.99	05:22.08
	00:35.05	00:43.11	00:39.77	00:38.86	00:46.31	00:46.74	00:38.15	00:34.09
								

Coach feedback:

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Event number: 6: 50M BREASTSTROKE WOMEN		Heat:2, starttime: 10:19
Heat: 2/6 Lane : 7 Athlete: JANVIER ZOé		Q-time: 00:36:94
PB (50m pool): 00:37.41 Ottignies Louvain-La-Neuve 07/06/2025 PB (25m pool): 00:35.16 SB: no time		
	5 0 M	
PB	00:37.41	
	00:37.41	
		

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:5, starttime: 11:00
Heat: 5/12 Lane : 3 Athlete: DA CONCEICAO SOUSA LUIS GABRIE		Q-time: 00:24:99
PB (50m pool): 00:24.99 Charleroi 15/02/2026 PB (25m pool): 00:24.67 SB: 00:24.99 Charleroi 15/02/2026		
	5 0 M	
PB	00:24.99	
	00:24.99	
		

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:7, starttime: 11:02
Heat: 7/12 Lane : 3 Athlete: MORIAU THIBAUT		Q-time: 00:24:64
PB (50m pool): 00:24.64 Antwerpen 27/04/2025 PB (25m pool): 00:24.38 SB: 00:24.92 Charleroi 15/02/2026		
	5 0 M	
PB	00:24.64	
	00:24.64	
		

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:7, starttime: 11:02
Heat: 7/12 Lane : 4 Athlete: HALAICHUK IVAN		Q-time: 00:24:54
PB (50m pool): 00:24.54 Charleroi 16/02/2025 PB (25m pool): 00:23.45 SB: no time		
	5 0 M	
PB	00:24.54	
	00:24.54	
		

Coach feedback:

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Event number: 9: 50M FREESTYLE MEN										Heat:8, starttime: 11:03	
Heat: 8/12 Lane : 2 Athlete: FRANCOTTE SéBASTIEN										Q-time: 00:24:36	
PB (50m pool): 00:24.36 Antwerpen 27/04/2025										PB (25m pool): 00:23.86SB: 00:24.59 Charleroi 15/02/2026	
	5 0 M										
PB	00:24.36										
	00:24.36										
											

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN							Heat:2, starttime: 11:10	
Heat: 2/8 Lane : 1 Athlete: MACHALE JULIA							Q-time: 00:33:14	
PB (50m pool): 00:32.64 Antwerpen 21/04/2024							PB (25m pool): 00:31.21SB: no time	
	5 0 M							
PB	00:32.64							
	00:32.64							
								

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN										Heat:2, starttime: 11:10	
Heat: 2/8 Lane : 2 Athlete: XENOU VIRGINIA										Q-time: 00:33:06	
PB (50m pool): 00:33.06 Charleroi 15/02/2026										PB (25m pool): SB: 00:33.06 Charleroi 15/02/2026	
	5 0 M										
PB	00:33.06										
	00:33.06										
											

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED							Heat:1, starttime: 11:22	
Heat: 1/1 Lane : 8 Athlete: TEAM CNSW 1							Q-time: 04:30:98	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: